

Name: _____

Age: _____

ATTITUDE

Karate Kids

When we bow in and out of class, we promise to practice and live in the Spirit of Taekwondo. The Spirit of Taekwondo is showing a positive attitude and trying hard in everything that you do. Read more about what a positive attitude is in your newsletter and then answer the questions below.

1) A student who is showing a positive attitude in Taekwondo class does the following:

- a) Answers up proudly in class, saying “Yes Sir!” and “yes Ma’am!”
- b) Only puts effort into their techniques when the instructor is watching.
- c) Doesn’t complain when things get tricky.
- d) Answers “a” and “c”.
- e) All of the above.

2) If you are competing against a friend, you both try your best, but your friend wins. You should:

- a) Be mad at yourself for not winning.
- b) Throw a fit and complain that it wasn’t fair because you tried hard.
- c) Congratulate your friend on winning and be proud of them for doing well.

3) If one of your friends has way more toys than you, you should:

- a) Not worry about it and try be happy with what you have, after all, some kids don’t have any!
- b) Whine until your parents buy you more toys.
- c) Steal some of your friend’s toys since they have so many.
- d) Tell your friend that they are spoiled because they have too much stuff.

4) Describe a time that it was hard for you to show a positive attitude, but you did anyway.
