

Name _____

Age _____



Karate Kids Star Worksheet

Self Control



Self Control is a very **important** part of **Taekwondo** training. Self control keeps us **safe** and out of **trouble**. For instance, when you get **angry**, self control helps keep you from saying things you may regret later, or lashing out physically. Having good self control helps us get our **homework** done instead of playing video games all day because we think those are more fun. Following **rules**, even ones we don't particularly like, also shows good self **control**. Remember to have **good self** control in everything that you do. Showing you know what self control is by completing this worksheet will earn you a blue **star**.

Directions: Unscramble each of the clue words. Each of the bolded words in the paragraph above is a clue word. Copy the letters in the numbered cells to other cells with the same number.

FELS

32	11	20	13

CONTORL

14		4	23	44		47

FAES

21	2		30

TUOERLB

42	18	7	34	33	12	41

RELUS

	40	25	43	10

GYNRA

27	16	6		28

HOEMOKRW

1	15	37	39	26	8		38

DOOG

5	19	46	9

PORTAMTNI

3		45		35	24	22	36

RSAT

29	17	31	

		V		
1	2	3	4	5

6	7	8	9

10	11	12	13

14	15	16	17	18	19	20	

3	21	22	23

24	25	26	27	28	29

30	31	32	28

33	34	35

3	36

37	24	38	39	32

40	29

33	41	42	23	43	44

45	11	46	45	47	43	