



# ATA Taekwondo Center

## May 2008

204 Sunset Dr • Butler, PA 16001 • 724-283-5999  
www.ata-k4k.com

## RESPECT

When you are considerate of other people's ideas, feelings and actions, you give respect. You demonstrate respect when you treat your friend in a way that she knows you care about her feelings. When your friend is sad about her grandmother being sick, you listen and tell her that you care. When you recognize the special qualities of every person in your family, you are demonstrating respect. Such as going to a concert to listen to your brother play the piano. When you give honor to parents and family members in your speech and action, you are demonstrating respecting others, like saying "please" and "thank you." A way you can show respect to your classmates is by waiting your turn in line for the water fountain and not shoving or pushing.

You practice respect when you are considerate of other people's ideas, feelings and actions. You show respect when you practice politeness in speech, and in actions and when you honor adults with good manor and courtesy. That's why we teach respect in our Martial Arts classes, because it's important for getting along with others. Even more, showing respect for others can help you gain the respect and friendship of others. By showing respect to others you are demonstrating that you are learning the true meaning of Martial Arts.

### Earn a BONUS Blue Star for Respect!

Parents, if your child shows respect at home or school we'd like to hear about it! Write a note telling us how your child demonstrated respect and send it with them to class. Students who demonstrate respect outside of class will be rewarded with bonus blue stars this month in addition to the blue star worksheet!

## Happy Birthday!

Riley Davis  
Adam Riddle  
Kevin Cramer  
Nicholas Corlew  
Alec Weber  
Nathan Madar  
Carrissa Blystone

Sydney Evanko  
Abigail Book  
Kayla Pfaff  
Taylor Zanella  
Gavin Shuler  
Cami Tack  
Tomi Lynn PUNCHUR

### Congratulations!

#### New Black Belt Club Members

Jacinto Orozco  
Sierra Bahorich  
Amanda Chiaravalle  
Ash Nolte

#### New Leadership Members

Luc Sedwick  
Benjamin Fiorina  
Chris Burka

### Upcoming Events

- **Graduation**  
June 10, 11 & 12th
- **Relay For Life**  
June 21st  
Demo Team 3-3:30pm
- **World Championships**  
June 25-28th
- **Happy 4th!**  
July 4th & 5th  
CLOSED
- **Freedom Celebration**  
July 4th  
Demo Team 12-12:15pm
- **Summer Camp!**  
July 14th—17th

## Summer Training

Summer is a busy time! When the weather is nice, outdoor activities and outings become popular and many vacations take place. To stay on track with your training during the busy summer months, here are some simple things to keep in mind.

- **Let an Instructor know when your vacation is.** That way they won't be concerned when you are not in class and arrangements can be made to have extra classes before or after your vacation to keep your material looking sharp!
- **Try a new class time!** Evenings may become busier for you over the summer, try an earlier class time. Adults and Teens have afternoon or morning classes Tuesdays, Thursdays and Saturdays. Tiny Tigers and Karate Kids have additional class times on Wednesdays over the summer. Check your class schedule.
- **Sign up for Summer Camp!** Did you know that each day of Camp counts as class credit? Have a ton of fun and workout, AND get class credit! All Tiny Tigers and Karate Kids welcome. Leadership helpers may also receive class credit depending on level of participation. Discounts for early registration and additional family members!
- **Talk to an Instructor.** Still having trouble getting all your classes and material in over the summer? Check with an Instructor about more options!