

COLOR BELT STRIPE REQUIREMENTS

White Belt Karate Kids & Adults Full Rank	1st Stripe: Knowing all basic techniques	2nd Stripe: Reciting the Songahm Spirit	3rd Stripe: Able to perform ½ Form independently	4th Stripe: Able to perform the whole Form independently	5th Stripe: Able to perform all One-Steps with a partner	6th Stripe: Proficient in all required material to earn Testing Approval
White Belt Karate Kids & Adults ½ Rank	Same as above	Same as above	Same as above	Able to perform one-step #1 with a partner	Proficient in all required material to earn Testing Approval	X

Full Rank Stripe Requirements - Moving to a new color at each belt until brown

Rank:	First Stripe	Second Stripe	Third Stripe - Testing Approval
Tiny Tigers White, Orange & Yellow	Min. of 4 Classes. Knows Self-Defense.	Min. of 8 Classes. Able to perform all new techniques.	Min. of 12 Classes & on track for 16 or more classes by Testing. Able to follow Instructor through form & one-step.
Tiny Tigers Camo & Above	Min. of 4 Classes with at least 1 Sparring Credit. Knows Self-Defense.	Min. of 8 Classes with at least 2 Sparring Credits. Able to perform all new techniques.	Min. of 12 Classes & on track for 16 or more classes by Testing with at least 3 Sparring Credits. Able to follow Instructor through form & one-step.
Orange & Yellow Belts	Min. of 4 Classes. Knows 1/2 of the form & one-step #1.	Min. of 8 Classes. Knows whole form and all required one-steps.	Min. of 12 Classes. Can perform all required material proficiently including self-defense.
Camo - Blue Belts	Min. of 4 Classes with at least 1 Sparring Credit. Knows 1/2 of the form & one-step/sparring segment #1.	Min. of 8 Classes with at least 2 Sparring Credits. Knows whole form and all required one-steps/sparring segments.	Min. of 12 Classes & on track for 16 or more classes by Testing with at least 3 Sparring Credits. Can perform all required material proficiently including self-defense.
Brown Belt Recommended	Min. of 4 Classes with at least 1 Sparring Credit. Knows 1/2 of the form & self-defense.	Min. of 8 Classes with at least 2 Sparring Credits. Knows whole form can complete board breaks within 3 tries.	Min. of 12 Classes & on track for 16 or more classes by Testing with at least 3 Sparring Credits. Can perform all required material proficiently including board breaks & self- defense.
Brown Belt Decided	Min. of 4 Classes with at least 1 Sparring Credit. Can perform self- defense and complete board breaks within 3 tries.	Min. of 8 Classes with at least 2 Sparring Credits. Improved form.	Min. of 12 Classes & on track for 16 or more classes by Testing with at least 3 Sparring Credits. Can perform all required material proficiently including board breaks & self- defense.
Red Belt Recommended	Min. of 4 Classes with at least 1 Sparring Credit. Knows 1/2 of the form & self-defense.	Min. of 8 Classes with at least 2 Sparring Credits. Knows whole form can complete board breaks within 3 tries.	Min. of 12 Classes & on track for 16 or more classes by Testing with at least 3 Sparring Credits. Can perform all required material proficiently including board breaks & self- defense.
Red Belt Decided	Min. of 4 Classes with at least 1 Sparring Credit. Can perform self- defense and complete board breaks within 3 tries.	Min. of 8 Classes with at least 2 Sparring Credits. Improved form.	Min. of 12 Classes & on track for 16 or more classes by Testing with at least 3 Sparring Credits. Can perform all required material proficiently including board breaks & self- defense.

½ Rank Stripe Requirements - Moving from recommended to decided of the same color before changing colors

Rank:	First Stripe	Second Stripe	Third Stripe - Testing Approval
Orange & Yellow Belts	Min. of 4 Classes. Able to perform 1 st One-Step independently.	Min. of 8 Classes. Able to ½ Form independently.	Min. of 12 Classes & on track for 16 or more classes by Testing. Can perform all required material proficiently including self-defense.
Camo - Blue Belts	Min. of 4 Classes with at least 1 Sparring Credit. Able to perform 1 st One-Step independently.	Min. of 8 Classes with at least 2 Sparring Credits. Able to ½ Form independently.	Min. of 12 Classes & on track for 16 or more classes by Testing with at least 3 Sparring Credits. Can perform all required material proficiently including self-defense.
Brown & Above	Follow the same requirements for stripes outlined above for full rank testing.		